

The Sue Ryder logo is a blue speech bubble shape containing the text "Sue Ryder" in a white, handwritten-style font.

Because no one
should face death
or grief alone

Sue Ryder events calendar 2026

Looking for your next big challenge or fun day out? From epic ultra challenges to cycling events, fun runs, and family-friendly activities – there's something for everyone in our 2026 event calendar.

Every step, pedal or mile you take helps provide vital end-of-life care and grief support for families going through the most difficult moments.

View all our events – search **Sue Ryder Events**.

A photograph of a man and a woman running towards the camera under a blue and white inflatable archway. The man is on the left, wearing a red shirt and blue shorts, with his arms raised in celebration. The woman is on the right, wearing a white tank top and blue shorts, also with her arms raised. Both are wearing Sue Ryder race bibs. The archway has the Sue Ryder logo and tagline on it. In the background, there are trees and a clear sky.

Register your
interest today
**[sueryder.org/
takepart](https://sueryder.org/takepart)**

Iconic UK challenge events and overseas treks

Various dates/locations 2026

Skydive

Experience the biggest adrenaline rush of your life!

April

12 **Paris Marathon**

One of the biggest marathons in the world, combining a personal challenge with the chance to discover one of the world's greatest cities.

12 **London Landmarks Half Marathon**

The London Landmarks Half Marathon lets you enjoy a closed-road race and see the best sights our capital has to offer.

26 **London Marathon**

Do you have your own ballot or good for age place? We'd love to welcome you to Team Sue Ryder and we'll support you every step of the way.

May

17 **Hackney Half Marathon**

Dash through 13.1 miles of East London with vibrant street art, music and entertainment following you each step of the way.

24 **Edinburgh Running Festival**

Choose between a marathon, half marathon or 10k and enjoy a fantastic route which takes in some of Edinburgh's most iconic landmarks.

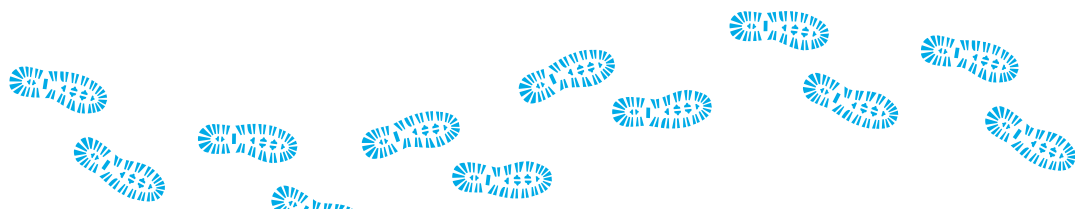
June

13 **Cotswold Way Ultra Challenge**

& Trek through the heart of the Cotswolds. Choose your distance from 100km, 75km, 50km, 25km or 10km – there is something for everyone!

20 **North Yorkshire Ultra Challenge**

& A trek event leading you through the North Yorkshire coastline and
21 Moors. Choose your distance from 100km, 50km, 25km and 10 miles.



July

1–5 **Mount Toubkal Trek**

Challenge yourself to this Sue Ryder trek and climb Toubkal the highest mountain in North Africa.

September

2–6 **Mount Toubkal Trek**

Alternative dates to take on our Sue Ryder trek – climbing the highest mountain in North Africa.

12 **Thames Path Ultra Challenge**

& Choose your distance 100km, 50km, 25km or 10km and challenge yourself with this trek along the River Thames.

13 **Great North Run**

Join Team Sue Ryder for an unforgettable experience at the world's biggest and best half marathon!

13 **London to Brighton Cycle Ride**

Take on the scenic 55-mile London to Brighton Cycle Ride.

19 **Swim Serpentine**

Take the plunge this September with a 2-mile swim in one of the London's most famous lakes!

20 **Run Cheltenham**

Choose between a half marathon or 10k in Regency Cheltenham.

October

4 **Cardiff Half Marathon**

The Oysho Cardiff Half Marathon is a popular 13.1-mile road race.

11 **Royal Parks Half Marathon**

This flat route through London's parks is perfect for beginners and has become a fan favourite.

11 **Chicago Marathon**

Do you have your own ballot place? We'd love for you to join Team Sue Ryder and take on this ultimate challenge.



Our Celebrate a Life events offer you the chance to remember and give thanks for the lives of those important to you. Search **Sue Ryder Celebrate a Life**.

**Celebrate
a life** 

Join us for a 5k or 10k walk under the stars to remember someone special and help raise vital funds. Search **Sue Ryder Starlight Hike**.

**Starlight
Hike** 

Sign up for Sue Ryder's Christmas Treecycling service and our amazing volunteers will magic your real tree away in January. Selected postcodes only. Search **Sue Ryder Christmas Treecycling**.

**Christmas
Treecycling**



In your local area – Southeast and Southwest

March

22 **Gloucester Half and 10k**

Choose between a half marathon or 10k on the closed roads of Gloucester, passing around Gloucester Cathedral and along the Sharpness Canal Path.

22 **Reading Half Marathon**

The Reading Half Marathon is a local favourite which is fast, flat, and perfect for beginners and seasoned professionals alike.

28 **Sue Ryder Leckhampton Court Spring Fayre - sponsored by Perry Bishop**

Join us and spend a day in our historic hospice grounds with fun, games, and great food and refreshments for all the family.

May

16 **Lap The Lake**

For International Nurses Day 2026, brave a swim in Reading Lake to help raise vital funds for Sue Ryder's end-of-life care and grief support.

31 **Green Park 10k**

Sign up for Reading's hugely popular 10k running event, perfect for those new to running or looking to achieve a personal best.

June

ExFest – at The Exmouth Arms, Cheltenham

A weekend full of music and fun! Pop along for a drink and to hear some brilliant local talent.

28 **Marlow Trail Run**

Run a 5k, 10k or Half Marathon through the scenic trails of Marlow. Great atmosphere, unique medal and free race photo.

July

12 **Ride for Ryder the Sportive – sponsored by Cape Homes**

Come join us on one of the longest running, best loved charity cycling events in the Cotswolds. Choose to cycle 40km, 70km, 90km, 130km or 160km.

12 **London 10k**

Take on the most iconic 10k in the capital, and enjoy some of London's most famous landmarks.



October

10 **Inflatable 5k Cheltenham**

With four distances to choose from get ready to jump, bounce, slide and swing through the world's biggest and craziest inflatable 5k obstacle course!

11 **Oxford Half Marathon**

The fast and flat Oxford Half is perfect for both newbies and PB chasers. We sold out in 2023, 2024 and 2025 so don't hang about to secure your entry.

Starlight Hike Thames Valley

Get together with family and friends to walk 5k or 10k under the stars to remember someone special, whilst raising funds for Sue Ryder.

17 **Starlight Hike Cheltenham sponsored by Allstone Speedy Skips**

Join us with family and friends for a great night out and walk 10k under the stars to remember someone special and raise vital funds.

November

13 **Sue Ryder Thames Valley Winter Ball**

Our highly anticipated Winter Ball will be held at Trunkwell House, Reading. With drinks, dinner and entertainment, this is an evening not to be missed

December

4 **Sue Ryder Leckhampton Court Winter Ball**

Join us at Manor by the Lake for an elegant evening of drinks, dinner and dancing at our traditional Christmas celebration.

Big Dip. Cheltenham

Brrrave swimmers can enjoy up to 30 minutes in the water at Cheltenham Lido as well as festive music and warm refreshments for all.

Celebrate a Life Thames Valley

Take a pause and join us at Celebrate a Life to remember and give thanks for the lives of those important to you.

Celebrate a Life Gloucestershire

Join us at Celebrate a Life to remember someone special, together with the Sue Ryder family.

January 2027

Christmas Treecycling

Our reliable team of volunteers will collect your real Christmas tree directly from your home and recycle it. Selected postcodes only.



Julie and her family raise funds to support a day of hospice care

After the death of her husband, Julie met Owen, who had also recently lost his wife. Grieving together brought them closer, but just a year later Owen was diagnosed with cancer. In his final days, Sue Ryder provided expert, compassionate and dignified care in a peaceful setting at the hospice.



To honour Owen, Julie and her family aimed to raise money to fund a day of hospice care before his first anniversary. They held a raffle, did a sponsored walk, a plant stall, and ran the Cheltenham Half Marathon, continuing their efforts for a year. Julie said, “supporting Sue Ryder is so important to us. Owen would be absolutely chuffed to bits.”

If you’ve been inspired and would like to support Sue Ryder in your own way, get in touch with your local fundraising team on the details below.

Contact us

**Sue Ryder Duchess of Kent Hospice and
Sue Ryder Palliative Care Hub South Oxfordshire**

call: **0118 955 0433**

email: thamesvalley.fundraising@sueryder.org

Sue Ryder Leckhampton Court Hospice

call: **01242 246 285**

email: leckhampton.events@sueryder.org

Scan the QR code or search Sue Ryder Events

